

The Voice



September 2006

The American Society of Jalisco

San Francisco 3332
Colonia Chapalita
Guadalajara · Jalisco
Tel: (33) 3121-2395
email:
amsoc@megared.net.mx

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Editor: Vicki Wootton
Tel: (33) 3647-6232
Email:
la.inglesa@gmail.com
Contributor:
Kitty De Michiel

Please contact editor if
you would like to receive
The Voice by email.

Dave Landes

Dave returned to hospital on Monday, August 28th for a heart valve replacement. I know Dave is a very private person, but I think he would be pleased to know that everyone at AmSoc is thinking about him and wishing him a speedy recovery. Hope you'll be able to make it to the September Luncheon, Dave!

Discoveries

Here are a few discoveries I've made since moving to Chapalita.

Dentist: Doctora Livia Fano de M. Speaks English very well and plays American oldies on her CD player while working. Filling \$200 pesos. Shares an office with her husband, Dr. Gilberto Magaña C. who does periodontal work. Address: Juan de Zummagara 375 (1 block between San Uriel and Las Rosas). Tel: 3122-7195

Dressmaker: Sydney. Address: Santo Santiago 3512B, corner of San Uriel (three blocks from AmSoc). Does alterations. \$25 pesos to hem up a pair of pants. A little English, good work. Tel: 044 333 147 2907

Hairdresser: Estetica Mirna. San Bonifacio 656 (two blocks from AmSoc). Woman's haircut \$100. Good work, but no English. Tel: 3647-6569. (VW)

AmSoc Library

The library is still accepting donations for its shelves. We need recent fiction, paperback or hardcover, in good condition. Readers seem to prefer adventure, crime, mainstream-literary, and well-written science fiction. If you're going for a visit up north and have room in your car, why not drop into a second-hand bookstore and pick up a few volumes? Bruce and Carmen Newby always bring back a good selec-

tion when they return from the States, for which we are very grateful.

Several people have donated video DVDs recently, which members can borrow. Please return them promptly so that other people can have an opportunity to see them. It would be nice if more people would donate DVDs.



September Luncheon.

Will celebrate

Mexican Independence Day September 16, 2006

Menu: Pork & vegetable Shish-kebobs
frijoles refritos, salad, and dessert.

Bar opens at noon.

Lunch served at 1:30 pm.

Tickets: \$90 before Sept 15,
\$100 at door.

Viva México!

Quotes

Reminiscences make one feel so deliciously aged and sad.

George Bernard Shaw

Peace is not an absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, justice.

Benedict Spinoza

All progress is based upon a universal innate desire on the part of every organism to live beyond its income.

Samuel Butler

*Happy 59th Birthday
to American Legion Post 3
(September 3)*

World in Crisis: Summary

SACRAMENTO — On the eve of lawmakers' adjournment, Gov. Arnold Schwarzenegger and majority Democrats forged an unprecedented pact tonight to reduce greenhouse gas emissions — over Republicans' objections.

Oroville Mercury Register August 31, 2006

Supreme Court case challenges Bush stance on global warming - California and 11 other states are suing EPA to force curbs on greenhouse gases

Headline in San Francisco Chronicle, August 31, 2006

The above quotes illustrate the fact that even legislators in the US are starting to realize that global warming is a real and serious threat to our planet.

Many people with whom I've discussed this still believe there is no problem, or that it's a matter of opinion. I find this sad and pity future generations who will have to live with and pay for the mess we've made.

I will not belabor this further, but will just close the subject with a review of a few things we can do, without making huge sacrifices, and if we care enough. You don't want to tell your grandchildren that you really don't care about their future, do you?

- We can eat local, seasonal food whenever possible. It is fresher and more nutritious than food that is shipped great distances. Also, this will help conserve fuel used in transportation.
- Cut back on the amount of meat we consume. Even making a commitment to having one meat-free day a week would help.
- Conserve water by taking fewer and quicker showers, and by using "grey water" to irrigate the garden. Grey water is water used in the house for washing dishes and clothes, or for bathing. A small amount of detergent will not harm plants, but bleach may.
- Conserve fuel by walking or taking a bus whenever we can and by not driving a gas-guzzling vehicle. Walk to the gym; don't drive. You're going for the exercise, aren't you?
- Turn off the lights (indoor and out) that are not being used, and get power-saver bulbs.
- Invest ethically. Be more discriminating about our investments and not invest in companies that pollute. Invest in companies that are trying to solve the problems, not those that are creating them.
- Recycle. I know it is hard to recycle in Mexico, but here's something you can do: put plastics, bottles, and cans in separate bags for pickup. Even if the garbage collectors throw them in with everything else, there are people who make their living picking over the dump sites and salvaging things to recycle. Make their job a bit easier.

- Boycott. Don't buy anything from companies that continue to release products that are hazardous to health and damage the environment. Many companies sell products in third-world countries that are outright banned in the United States, things like pesticides and herbicides, and medicines.

If you have any more ideas about what individuals can do, please send them to me. VW

Humor: The Perfect Dress

Submitted by Lupita Elizondo

Jennifer's wedding day was fast approaching. Nothing could dampen her excitement—not even her parents' nasty divorce. Her mother had found the *perfect* dress to wear and would be the best dressed mother-of-the-bride ever!

A week later, Jennifer was horrified to learn that her father's new young wife had bought the same dress! Jennifer asked her to exchange it, but she refused. "Absolutely not. I look like a million bucks in this dress, and I'm wearing it," she replied.

Jennifer told her mother who graciously said, "Never mind sweetheart. I'll get another dress. After all, it's your special day."

A few days later, they went shopping and did find another gorgeous dress. When they stopped for lunch, Jennifer asked her mother, "Aren't you going to return the other dress? You really don't have another occasion where you could wear it."

Her mother just smiled and replied, "Of course I do, dear. I'm wearing it to the rehearsal dinner the night before the wedding."

A NEW REVOLUTION

By: Kitty De Michiel

A new revolution may soon take place all over the world. The perpetrators, this time, would be women, the cause: against cosmetics. Now that cosmetics are banned from carry-on luggage, women all over the world may realize how wonderful it is to be free from using them. After a transatlantic night flight, a woman will feel the need to wash her face in order to be quite awake and ready for the forthcoming delays at customs on arrival. At the beginning she will hate the idea but eventually she will realize how comfortable it feels, and how practical. No touch ups, no consulting the mirror all the time, just being herself. They will also realize that they can overcome their old addiction to lipstick - or to lip gloss - a feat that seemed impossible to accomplish.

I was addicted to makeup, like everybody else, until I went to live in Rio (Brazil) in the seventies. I would go to the beach in the morning, on weekends, and wear my bare, suntanned face for the rest of the week. It felt wonderful. Here I should explain that I could go to the office wearing no makeup even

though Brazilian women loved using it. However, when I relocated to New York, I looked very out of place at the office without make up. It was part of the business dress code. So I started wearing cosmetics again. Do our lashes look more seductive covered in mascara? Of course not. Is our complexion any more attractive under a layer of compact powder? Just guess. Oh, but our mouth without lipstick has no personality at all, right? Wrong. We may realize this the morning after a transatlantic flight. If we think of it, and we will have plenty of time to think while we stand in line at the airport, we may start the "Freedom from Cosmetics Revolution". And the money we will save when from not buying cosmetics, well, that can be spent on the new addiction the marketplace will create for us, I am sure!

This article was written by a new AmSoc member. Thanks, Kitty

Notices & Announcements

AA Meetings at AmSoc

AA meetings are held in the Parrot Cage at AmSoc on Mondays, Wednesdays, and Fridays at 6:00 pm.

The Memorial Society

Information desk open Mondays at AmSoc from 11:00 am to 1:00 pm.

Enrollment: AmSoc Members: \$250 pesos
Non-Members; \$300 pesos

Costs of Services:

Donation of remains to Med School \$400 US
Cremation: \$500 US

Funeral Home: Capillas San Miguel

Notary: Ruben Alberto Santana

AmSoc Representative: Chuck Parsons

The Memorial Society needs volunteers to work the information desk on Mondays.

Apts. For Rent

1BR apartments, furnished or unfurnished, Las Fuentes (nr. American Legion). In quiet compound with beautiful garden. \$3000 pesos/mo. Call Guillermo Pulos (33) 3631-1576 for more information

The Voice by email

If you would like to receive the Voice by email, please send your request to this address:

la.inglesa@gmail.com

English Lessons Lecciones de Inglés

Nivel: Principiante a intermedia

Every Tuesday and Thursday starting September 5 from 7:00 to 8:30 PM. Enrolment forms available at AmSoc desk.

Comienza 5 de Septiembre. Clases martes y jueves, 7:00 - 8:30 p.m. Inscribirse en AmSoc 10:00 a.m. - 2:00 p.m., Lunes a Viernes o a la primera clase. Tel. 3647-6232 para mas información.

Recipe

Veggie-butter

Ingredients:

1 or two sticks of fresh celery

2 small carrots, peeled

½ a sweet pepper

1 small onion

½ lb (227gr.) hard margarine

1 tsp. powdered garlic (or fresh equivalent)

1 small can tomato puree (concentrated, not sauce)*

Pepper seasoning, if desired.

*Not easy to find locally. I substitute 1 tbsp. of *Tomate Sazonado* (tomato soup powder).

Method:

Cut raw vegetables into small pieces then chop them in a blender or food processor until they are finely ground. Melt margarine and stir in all the other ingredients. Mix well. Place in sealed container and refrigerate.

This is a delicious spread for toast, crackers, melba toast, etc. It will last for months (the oil in the margarine preserves the vegetables). You can vary the vegetable mix according to your personal taste, add herbs and other seasonings. The tomato powder is a bit salty, so you only need to add salt if you use the puree.

Spanish Classes

Conversation Classes with Anna are currently being offered at AmSoc on Mondays and Wednesdays at 11:00 AM

Classes run for one hour and cost \$60 per class

Anna also offers translation and other services.

For more information, call: 3633-3543
Or cel: 044-33-1309-5299

SEPTEMBER CALENDAR

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
				1 Aerobics 9:00 Social Friday 7:00
4 Aerobics 9:00 Spanish 11:00 – 12:00 Lunch 12:30	5	6 Aerobics 9:00 Spanish 11:00 – 12:00	7 Lunch 12:30 Games 1:00 – 4:00	8 Aerobics 9:00 Social Friday 7:00
11 Aerobics 9:00 Spanish 11:00 – 12:00 Lunch 12:30	12	13 Board Meeting 10:30! Aerobics 9:00 Spanish 11:00 – 12:00	14 Lunch 12:30 Games 1:00 – 4:00	15 Aerobics 9:00 Social Friday 7:00
Mexican Independence Luncheon 12:00 Lunch served at 1:30				
18 Aerobics 9:00 Spanish 11:00 – 12:00 Lunch 12:30	19	20 Aerobics 9:00 Spanish 11:00 – 12:00	22 Lunch 12:30 Games 1:00 – 4:00	23 Aerobics 9:00 Social Friday 7:00
25 Aerobics 9:00 Spanish 11:00 – 12:00 Lunch 12:30	26	27 Aerobics 9:00 Spanish 11:00 – 12:00	28 Lunch 12:30 Games 1:00 – 4:00	29 Aerobics 9:00 Social Friday 7:00